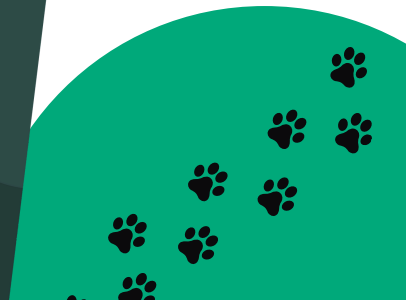


NHS

North West
Ambulance Service
NHS Trust



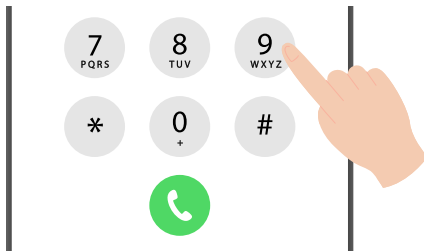
Pandamedic's Puzzle Book



An emergency is when you or someone else is very sick or hurt and needs help quickly.



Pandamedic wants to teach you how to call 999.



Find a phone.

Dial 999 and ask for an ambulance.



A friendly person will answer.

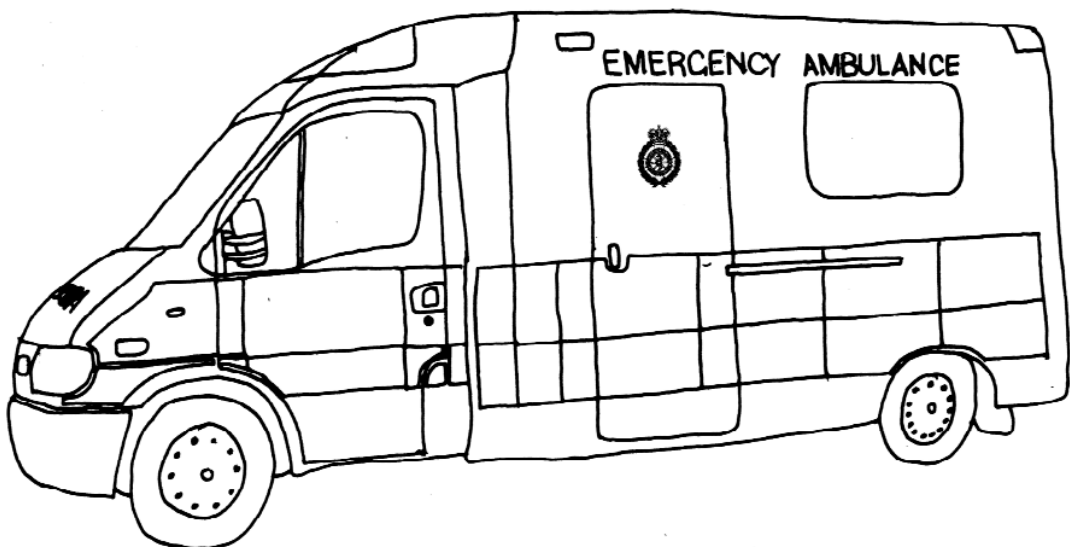
They will ask who is hurt and where you are.



Try to stay calm and listen carefully.

Colour in the ambulance

An ambulance responds to emergencies after you have called 999. Our staff are trained to help you when you are very poorly and need help quickly.



**Can you remember
the noise an
ambulance siren
makes?**

Pack your first aid kit

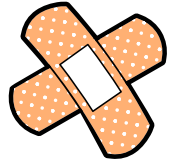
Draw a circle around the items that belong in the first aid kit.



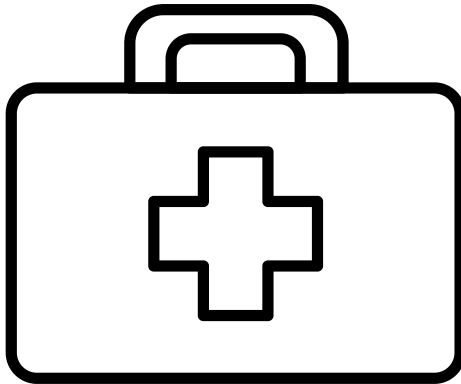
**Teddy
Bear**



Shoes



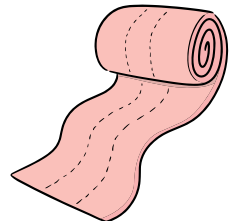
Plasters



Medicine



Apple



Bandages



Pandamedic wordsearch



- | | | |
|------------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> ADDRESS | <input type="checkbox"/> CAREFUL | <input type="checkbox"/> NAME |
| <input type="checkbox"/> BLOOD | <input type="checkbox"/> CONSCIOUS | <input type="checkbox"/> PAIN |
| <input type="checkbox"/> BRAVE | <input type="checkbox"/> EMERGENCY | <input type="checkbox"/> PARAMEDIC |
| <input type="checkbox"/> BREATHING | <input type="checkbox"/> HELP | <input type="checkbox"/> PHONE |
| <input type="checkbox"/> CALL | <input type="checkbox"/> HURT | <input type="checkbox"/> STREET |

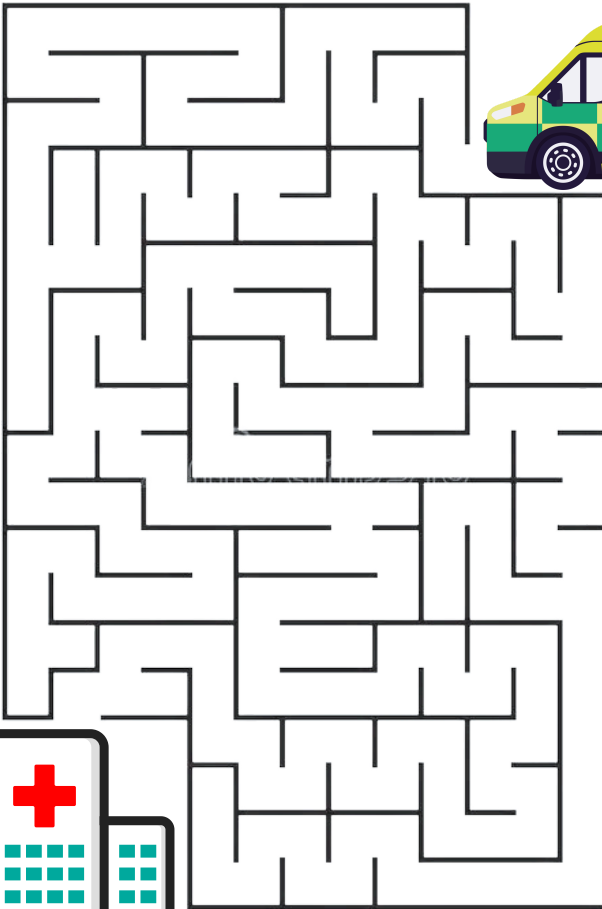




Solve the maze



Help the ambulance get the patient to hospital.



Dot to dot

Join the dots and spell out the special word.

Ambulance



Did you know?

The first UK ambulance was introduced in Liverpool in 1883 and it was a horse-drawn cart.



Time for a quiz

When to call 999

1

Grandad is holding his chest in pain and is having difficulty breathing. He is unable to talk.

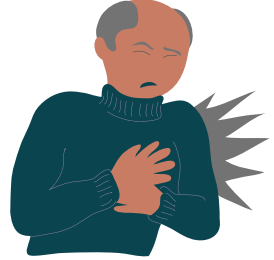
Should you call 999?

☐

Yes

☐

No



2

Charlie has banged his knee against a table and it is sore.

Should Charlie call 999?

☐

Yes

☐

No



3

On the way to college, Suzy has suddenly collapsed on the floor and Fariq can't wake her up.

Should he call 999?

☐

Yes

☐

No



Are your answers correct?

Quiz Answers

1

You should ring 999 for Grandad.

If a person cannot talk or breathe, this is serious.

Dial 999.

2

You do not need to ring 999 for Charlie.

If a person has banged their knee and has a minor injury, this is not serious and could be treated at home with a first aid kit.

3

You should ring 999 for Suzy.

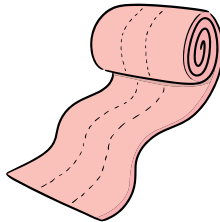
If a person will not wake up when you call their name and squeeze their shoulders, this is serious.

Dial 999.

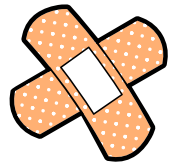
First aid kit answers



Medicine



Bandages



Plasters

Become an Ambulance Academy hero



The Ambulance Academy is a free resource for children, young people, adults, teachers and more.

At the Ambulance Academy, you'll discover:

- How to call for an ambulance in an emergency.
- How to do CPR and help someone who's not breathing.
- What to do if someone is hurt or sick.
- All about the different jobs people do in the ambulance service.

For all the above and more visit the Ambulance Academy by scanning the QR code below with a phone or tablet, or visit nwas.nhs.uk/ambulance-academy.

