2024 CALENDAR







4 World Braille Day

17-23 Cervical Screening Awareness Week

21 World Religion Day

27 International Holocaust Memorial Day



A happy new year to you all! I hope you celebrated the start of 2024 safely and in good spirits with family and friends. As we begin another new year, I want to say a huge thank you to all of Team NWAS for your incredible hard work over the last 12 months and for everyone who has supported us - you've really helped us through what has been an extraordinary year.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
					Epiphany (C)	Ethiopian Christmas Day (R)
8	9	10	11	12	13	14
15	16	17 Birthday of Guru Gobind	18	19	20	21
Makar Sankranti (H)		Singh (S)				
22	23	24 Tu B'Shevat (J)	25	26	27	28
]			
29	30	31				

January



SPECIAL DATES MONDAY TUESDAY THURSDAY FRIDAY SATURDAY SUNDAY WEDNESDAY LGBT+ History Month 1 2 3 4 Time to Talk Day World Cancer Day **5-11** National Apprenticeship Week Race Equality Week 5-11 Candlemas (C) International STAND UP to Bullying Day 23 28-5 Eating Disorders Awareness Week 5 7 9 6 8 10 11 Chinese New Year (Year of the Dragon) (Ch) 12 13 14 15 16 17 18 Race Equality Week allows focus and reflection for NWAS to engage with our St Valentine's Day (C) Ash Wednesday (C) black and ethnic minority communities Shrove Tuesday (C) Lent (C) Parinirvana (Bu) to further improve patient access needs, and equality of opportunity in 19 20 21 22 23 24 25 the workplace. Lantern Festival (C) Magha Puja Day in Thailand (Bu) **TONY OKPARAVERO** Senior Patient Experience Officer and Race Equality 27 28 26 29 Network committee member Nineteen Day Fast (Ba)









WEARETHE
WOMEN'S
NETWORK.

- Promoting a fair, equal and equitable workplace
- Providing opportunities to talk, share ideas and develop
- Enabling collective and influential voices to work together



MONDAY TUESDAY THURSDAY FRIDAY SATURDAY SUNDAY SPECIAL DATES WEDNESDAY International Women's Day 8 20 International Day of Happiness International Day for the Elimination of Racial Discrimination International Transgender Day 31 of Visibility St David's Day (C) 6 8 9 10 March is when we celebrate International Women's Day to empower Mothering Sunday (C) Maha Shivaratri (H) Start of Ramadan (M) and celebrate women, girls, and those who identify as women across the 11 12 13 14 15 16 17 organisation. The Women's Network is continuing its work in supporting staff in maternity, fertility, safety, and wellbeing for all staff in the trust. Throughout March we will be St Patrick's Day (C) holding special events to celebrate the achievements of women in the 20 21 22 23 18 19 24 organisation. Nowruz (New Year) (Ba) Purim (J) Palm Sunday (C) **EMILY GIBBS** Chair of the Women's Network and Knowledge 25 26 27 28 29 **30** 31 Manager Holi (H) Hola Mohalla (S) Maundy Thursday (C) Good Friday (C) Easter Sunday (C)

March



Stress Awareness Month

- World Autism Awareness Day 2
- World Health Organisation (WHO) 7 World Health Day
- Lesbian Visibility Day 26



Many people will feel stress from time to time, and it's how we learn to manage stress that can make a big difference to our mental wellbeing. Every Mind Matters has a range of top tips and advice for helping when you are feeling under pressure.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4 Qingming Festival (Tomb	5	6	7
			Sweeping Day) (Ch)		Laylat al Qadr (M)	
8	9	10	11	12	13	14
		Eid-UI-Fitr (M)			Vaisakhi (S)	
15	16	17	18	19	20 Ridvan – first day (Ba)	Anniversary of Haile Selassie's visit to Jamaica (R)
22	27	34	25	26		20
22 Pesach (J)	23 St George's Day (C)	24 Theravada New Year (Bu)	25	26	27	28
29	30					

April



SPECIAL DATES MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY 6-12 Deaf Awareness Week 2 3 4 13-19 Mental Health Awareness Week Global Accessibility Awareness Day International Day against Homophobia, 17 Biphobia, Interphobia & Transphobia (IDAHOBIT) Ridvan - Final day (Ba) 11 6 8 12 10 Ascension Day (C) 15 16 18 13 14 17 19 IDAHOBIT is vital as it advocates for LGBTQ+ rights, fostering understanding, acceptance, allyship and equality. It raises awareness about the challenges faced and promotes a more inclusive and supportive society. 21 22 24 26 20 23 25 **ELLEN WHITE** Vesak or Buddha Declaration of the Apprentice EMT1 and LGBT Birthday (Bu) Bab (Ba) Network committee member 30 31 27 28 29 Ascension of Baha'u'llah (Ba)

NHS





SPECIAL DATES SUNDAY MONDAY TUESDAY FRIDAY SATURDAY WEDNESDAY THURSDAY Pride Month 2 1 **1-7** Volunteers' Week 10-16 Carers Week 12-18 Men's Health Week Father's Day 19-26 Learning Disability Week National Windrush Day 3 4 5 6 8 9 24-30 Armed Forces Week Deafblind Awareness Week 26 Reserves Day Armed Forces Day 11 12 14 10 13 15 16 Having been involved with the Armed Forces Network (AFN) since it was Dragon Boat Festival (Ch) Shavuot (J) Eid-Ul-Adha (M) formed, I've had the pleasure of seeing it go from strength to strength. The 21 22 17 19 20 23 18 updated policy covering reserve and cadet forces shows that NWAS understands transferable skills and is committed to supporting the armed forces family. 26 24 25 27 28 29 **30 SIMON WALTON** Paramedic and Vice Chair of AFN





SPECIAL DATES MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY Anniversary of the NHS 5 3 6 4 National Schizophrenia Awareness Day 25 Islamic New Year (M) 9 10 11 12 13 14 "One of the biggest developments Martyrdom of the that I have seen in the NHS over the years is the training and capabilities of 20 15 16 17 18 19 21 ambulance staff. From only giving very basic life support to now being able to provide clinical intervention for a range of conditions, it's so much more satisfying knowing that the help we Ashura (M) Asalha Puja (H) provide can make a real difference to a patient's outcome." 22 24 **25** 26 27 23 28 **GLYN BROWN** Birthday of **NWAS Museum Curator** Haile Selassie (R)

31

30

29

NHS





- World Breastfeeding Awareness Week 1-7
- World Humanitarian Day 19



A mother's breastfeeding journey matters, it's a natural enchanting experience between a mother and child to bond. My breastfeeding journey wasn't so simple but with the support networks around me, I was able to hold on through the difficult days and feel enchanted on the good days. It's ok to talk openly about breastfeeding.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
5	6	7	8	9	Chinese Valentine's Day (Ch)	11
12 Tisha B'Av (J)	13	14	15	16	Birthday of Marcus Garvey (R)	18
19 Raksha Bandhan (H)	20	21	22	23	24	25
26 Krishna Birth (H)	27	28	29	30	31	

August



10 World Suicide Prevention Day

17 World Patient Safety Day

23-29 National Inclusion Week



Patient safety is important as it helps us to reduce the risk of unintended or unexpected harm during the provision of healthcare, and drive improvements to the care that people receive. At NWAS, we aim to build a safer culture and safer systems by looking at patient care that goes well, and where things could have gone better. We also make sure we hear the views of our patients and staff, and what they feel is important in patient safety in a variety of ways.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	8
					Birth of Lord Ganesha (H	
9	10	11 Ethiopian New Year (R)	12	13	14	15
16 Birth of Prophet	17	18	19	20	21	22
Muhammad (M)	Moon Festival (Ch)					
23	24	25	26	27	28	29
30						

September



Black History Month

- 1 International Day of Older Persons
- 2-8 Dyslexia Awareness Week
- 10 World Mental Health Day
- **18** World Menopause Day



In honour of Black History Month, my inspirational figure is Maya Angelou. She was an American memoirist, poet, and civil rights activist. A famous quote of hers is "My mission in life is not merely to survive, but to thrive; and to do so with passion, some compassion, some humour and some style"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
		Rosh Hashanah (Jewish New Year)	Navratri (H)			
7	8	9	10	11	12	13
				Yom Kippur (J) Chung Yeung Festival (Ch	1)	
14	15	16	17	18	19	20
		Sukkot (J)				
21	22	23	24	25	26	27
			Simchat Torah (J)			
28	29	30	31			
			Hallowe'en (C) Diwali (H) (S)			

October





November



- 1 World Aids Day
- 3 International Day of People with Disabilities
- 10 Human Rights Day



In the month of December, a poignant quote often resonates with me: 'Let there be peace on earth and let it begin with me.' These cherished words have sounded a call for peace all over the world since 1955 and are drawn from a song frequently heard during the festive season.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
						Advent(C)
2	3	4	5	6	7	8
						Bodhi Day (Bu)
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
23			20		20	
		Christmas Day (C)	St Stephen's Day (C)			
		Hanukkah (J)	ot diepnens Day (C)			
30	31					

December



January February	March	April May	June
MON TUE WED THU FRI SAT SUN MON TUE WED 1	THU FRI SAT SUN MON TUE WED THU FRI SAT SUN	MON TUE WED THU FRI SAT SUN MON TUE WED THU	FRI SAT SUN MON TUE WED THU FRI SAT SUN
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22 23 24 25 26 27 28 19 20 21	22 23 24 25 18 19 20 21 22 23 24	22 23 24 25 26 27 28 20 21 22 23 2	24 25 26 17 18 19 20 21 22 23
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July August	September	October November	December
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15 16 17 18 19 20 21 12 13 14	15 16 17 18 9 10 11 12 13 14 15	14 15 16 17 18 19 20 11 12 13 14	15 16 17 9 10 11 12 13 14 15
22 23 24 25 26 27 28 19 20 21	22 23 24 25 16 17 18 19 20 21 22	21 22 23 24 25 26 27 18 19 20 21	. 22 23 24 16 17 18 19 20 21 22
29 30 31 26 27 28	29 30 31 23 24 25 26 27 28 29	28 29 30 31 25 26 27 28	3 29 30 23 24 25 26 27 28 29
	30		30 31
JANUARY 04 World Braille Day ●	of Racial Discrimination ●	10 Dragon Boat Festival ● 02 11 Shavuot ● 02	Rosh Hashanah (Jewish New Year) ● Dyslexia Awareness Week ●
06 Epiphany •	23 Fullil	12 Men's Health Week ● 03	Navratri •

- Ethiopian Christmas Day 07
- 15 Makar Sankranti
- 17 Birthday of Guru Gobind Singh •
- 17 Cervical Screening Awareness Week •
- World Religion Day 21
- 24 Tu B'Shevat •
- 27 International Holocaust Memorial Day

FEBRUARY

- 01 Time to Talk Day • 02
- Candlemas •
- 04 World Cancer Day
- National Apprenticeship Week
- Race Equality Week •
- Chinese New Year (Year of the Dragon) 10
- 13 Shrove Tuesday •
- 14 St Valentine's Day
- Ash Wednesday 14
- 14 Lent •
- 15 Parinirvana •
- International STAND UP to Bullving Day 23
- Lantern Festival 24
- Magha Puja Day in Thailand 24
- Eating Disorder Awareness Week •
- 29 Nineteen Day Fast •

MARCH

- St David's Day 01
- 08 International Women's Day
- Maha Shivaratri 08
- Mothering Sunday 10
- Start of Ramadan 10
- 17 St Patrick's Day
- Nowruz (New Year) 20
- International Day of Happiness 20

- Palm Sunday •
- 25 Holi •
- 25 Hola Mohalla
- Maundy Thursday •
- Good Friday •
- 31 Easter Sunday •

APRIL

- World Autism Awareness Day
- Qingming Festival (Tomb Sweeping Day) •
- Lavlat al Qadr
- WHO World Health Day 07
- Eid-Ul-Fitr 10
- Vaisakhi 13
- 17 Rama Navami
- Ridvan first day 20
- Anniversary of Haile Selassie's visit to Jamaica 21
- 22
- St George's Day
- Theravada New Year 24
- Lesbian Visibility Day 26

MAY

- Ridvan Final day 02
- Deaf Awareness Week •
- Ascension Day •
- 13 Mental Health Awareness Week
- Global Accessibility Awareness Day •
- 17 International Day against Homophobia, Biphobia, Interphobia & Transphobia (IDAHOBIT) •
- Declaration of the Bab •
- Vesak or Buddha Birthday
- Ascension of Baha'u'llah 27

JUNE

- Volunteers' Week ●
- Carers Week

- Fathers Day •
- 16 Eid-Ul-Adha
- 19 Learning Disability Week
- National Windrush Day •
- 24 Armed Forces Week •
- 25 Deafblind Awareness Week •
- 26 Reserves Day •
- Armed Forces Day 29

JULY

- Anniversary of the NHS .
- Islamic New Year •
- 08 Martyrdom of the Bab .
- 16 Ashura •
- 21 Asalha Puja •
- Birthday of Haile Selassie
- 25 National Schizophrenia Awareness Day •

- 01 World Breastfeeding Awareness Week •
- 10 Chinese Valentine's Day •
- 12 Tisha B'Av
- Birthday of Marcus Garvey 17
- Raksha Bandhan
- World Humanitarian Day .

- 26 Krishna Birth .

SEPTEMBER

- Birth of Lord Ganesha •
- World Suicide Prevention Day •
- Ethiopian New Year •
- Birth of Prophet Muhammad •
- Moon Festival
- 17 World Patient Safety Day •
- 23 National Inclusion Week •

OCTOBER

International Day of Older Persons •

- World Mental Health Day •
- Chung Yeung Festival 11
- 11 Yom Kippur
- Sukkot 16
- World Menopause Day 18
- Simchat Torah .
- 31 Hallowe'en
- 31 Diwali ••

NOVEMBER

- 01 All Saints' Day
- 02 Birth of the Báb
- Coronation of Emperor Haile Selassie •
- Birth of Baha'u'llah . International Stress Awareness Day •
- Inter Faith Week 10
- Remembrance Day 11
- 11 Anti Bullying Week •
- 13 Transgender Awareness Week •
- Birthday of Guru Nanak .
- Disability History Month .
- International Men's Day 19 Day of the Covenant
- Ascension of Abdu'l-Baha
- St Andrew's Day

DECEMBER

- 01 World Aids Day
- Advent Ω1
- International Day of People with Disabilities 03
- Bodhi Day •
- Human Rights Day 10
- 25 Hanukkah •
- Christmas Day 25
- St Stephen's Day



- Bahai (Ba) (holy days start at sundown)
 Buddhist (Bu)
 Christian (C)
 Chinese (Ch)
 Hindu (H)
- National Awareness Days
- Jewish (J) (holy days start at sundown)
 Muslim (M) (holy days start at sundown)
 Rastafari (R)
 Sikh (S)













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All event dates as confirmed at the time of printing.

Some event dates may be subject to change



