






January 2026



Days of religious significance in January:

- 03 Mahayana NewYear, Buddhism
Amitabha Buddha Day, Buddhism
- 05 Birthday of Guru Gobind Singh, Sikhism
- 06 Epiphany, Christianity
- 12 Vivekananda Jayanti, Hinduism
- 13 Maghi-Lorhi, Sikhism
- 14 Makar Sankranti, Hinduism
- 15 Maha Shivaratri, Hinduism
- 16 Isra and Miraj, Islam
- 18 Vishnu Puja, Hinduism
- 23 Vasant Panchami / Saraswati Puja, Hinduism

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Bank Holiday (UK) 01 	Bank Holiday 02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18 
19 	20	21	22	23	24	25 
26	27 	28	29	30	31	



The Wellbeing Team supports colleagues across NWS by promoting positive wellbeing and helping staff access support when they need it. Through practical guidance, campaigns and resources, the team encourages healthy habits, open conversations and a supportive working environment for everyone.



February 2026



Days of religious significance in February:

- 01 Imbolc (1st stirring of Spring), Pagan
TuBishvat, Judaism
Thaipusam, Hinduism
- 02 Candlemas, Christianity
- 03 Shab-e-Barat, Islam
- 15 Maha Shivaratri, Hinduism
Nirvana Day, Buddhism
- 17 Shrove Tuesday, Christianity
Chinese New Year, Year of the Horse
- 18 Ash Wednesday, Christianity
Ramadan begins, Islam

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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02	03 	04 	05 	06	07	08
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16	17 	18 	19	20	21	22
23	24	25	26	27	28	



February is LGBT+ History Month, recognising the history, contributions and experiences of LGBT+ people and the importance of continued visibility and inclusion. The LGBT+ Network supports LGBT+ colleagues and allies by creating a safe, inclusive and supportive community across the service. Through shared experiences and open conversations, the network raises awareness, supports inclusion and helps colleagues feel confident, valued and able to be themselves at work.



March 2026



Days of religious significance in March:

- 02 Purim, Judaism
- 03 Magha Puja, Buddhism
Holika Dahan, Hinduism
- 04 Hola Mohalla, Sikhism
Holi, Hinduism
- 15 Lailat al-Qadr, Islam
- 19 Ugadi / Gudi Padwa, Hinduism
- 20 Ostara, Pagan
Eid al Fitr, Islam
Parsi New Year, Hinduism
- 25 Annunciation Day, Christianity
- 27 Rama Navami, Hinduism
- 29 Palm Sunday

The Women's Network at NWAS is here to support all staff at work and recognise the contribution and achievements of women and allies across the service. The Women's Network 2026 campaigns are focused on improving maternity processes and ensuring all staff have access to emergency sanitary products. March is International Women's Day and also the Network's biggest event where we celebrate equity, progress, and support for one another!



Emily Gibbs
Co-Chair
Womens Network Committee

MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 	31 					01
02	03 	04	05 	06	07	08
09	10	11 	12	13 	14	15
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23	24	25	26	27	28	29



April 2026



Days of religious significance in April:

- 01 Pesach (Passover), Judaism
- 02 Maundy Thursday, Christianity
Theravada New Year, Buddhism
Hanuman Jayanti, Hinduism
- 03 Good Friday, Christianity
- 05 Easter Sunday, Christianity
- 06 Easter Monday, Christianity
- 14 Vaisakhi, Sikhism
Mesha Sankranti (New Year), Hinduism
- 18 Birthday of Guru Angad Dev, Sikhism
- 25 Sita Navami, Hinduism

“Reducing health inequalities is a key quality improvement priority, and our trust remains committed to improving care and outcomes for patients with learning disabilities, autism, or both. Dedicated roles driving related projects are a positive step forward.

“We’re also expanding support for neurodivergent colleagues, promoting individuality and workforce diversity to help reduce workplace challenges.”



Mike Lloyd
Learning Disability and Autism
Practitioner

APRIL 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		01 	02 	03 Bank Holiday (UK)	04	05
06 Bank Holiday (UK)	07	08	09	10	11	12
13	14	15	16	17	18	19
20 	21	22 	23 	24	25	26
27	28	29 	30			



Days of religious significance in May:

- 01 Beltane, Pagan
Vesak - Buddha Day, Buddhism
Vesak - Buddha Day, Hinduism
- 04 Lag BaOmer, Judaism
- 14 Ascension Day, Christianity
- 21 Shavuot, Judaism
- 24 Pentecost, Christianity
- 25 Day of Arafah, Islam
- 27 Eid-UI-Adha, Islam
- 31 Trinity Sunday, Christianity

“I have served as a Community First Responder for two and a half years. Being able to support people in the community during their most vulnerable moments is both a privilege and an honour. This work has profoundly shaped my outlook on life and has become an important expression of my faith. It means a great deal to be able to make a real difference when it matters most.”



Kamran Nazir
Community First Responder

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				01 INTERNATIONAL WORKERS' DAY	02	03
04 Bank Holiday (UK) WORLD Maternal Mental Health Day	05 DEAF AWARENESS WEEK	06	07	08	09 VE DAY	10
11	12 MENTAL HEALTH AWARENESS WEEK International Nurses' Day	13 STAFFNETWORKS	14	15	16	17
18	19	20	21 Global Accessibility Awareness Day (GAAD)	22	23	24
25 Bank Holiday (UK)	26	27	28	29	30	31



June 2026



Days of religious significance in June:

- 04 Corpus Christi, Christianity
- 16 Martyrdom Day Of Guru Arjan Dev, Sikhism
- 17 Islamic New Year, Islam
- 21 Litha Summer Solstice, Pagan
- 26 Ashura, Islam

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

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JUNE 2026



The Armed Forces Network continues to grow and support the armed forces community in the trust. The network prides itself on not just being for veterans; they support reservists, cadet force adult volunteers, family members and anyone with a link (and sometimes no link at all) who wants to join our community. Through shared experiences we support and encourage colleagues to be proud of their background and bring their strengths forward to help the trust.




Days of religious significance in July:

- 06 Birthday of HH The Dalai Lama, Buddhism
- 10 Yogini Ekadashi, Hinduism
- 13 Asalha Puja - Dharma Day, Buddhism
- 16 Ratha Yatra, Buddhism
Ratha Yatra, Hinduism
- 22 Tisha B'Av, Judaism
- 25 Shayani Ekadashi, Hinduism
- 29 Asalha Puja, Buddhism
Guru Purnima, Hinduism

“Seeing the impact of apprenticeships through the Widening Access team has been inspiring. I’m grateful for the opportunity to enhance my own career by starting a Data Analyst apprenticeship, and I’m excited to continue progressing within the Trust.”



Nazia Zarin
Widening Access
Administrator




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		01	02	03	04	05
06	07	08 	09	10	11	12
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20	21	22	23	24	25	26
27	28	29	30	31		



Days of religious significance in August:

- 01 Lughnasadh, Pagan
- 13 Assumption of Blessed Virgin Mary, Christianity
- 26 Mawlid, Islam
Onam, Hinduism
- 27 Shravana Purnima, Hinduism
- 28 Raksha Bandhan, Hinduism

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bank Holiday (UK) 31					01  World Breastfeeding Week August 1st - August 7th	02  International Assistance Dog Day
Bank Holiday (Scotland) 03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19  WORLD HUMANITARIAN DAY	20	21	22	23
24	25	26	27	28	29	30

"By listening to our minority patients and understanding their experiences, we can remove barriers and provide the adjustments that truly meet their needs. This commitment fosters a culture of respect, empathy and inclusion."

"When we listen, learn and take meaningful action, we create a kinder and more effective service, one where everyone feels valued, safe and confident they will receive the right care and treatment."



Anthony Okparavero
Senior Patient Engagement Analyst



September 2026



Days of religious significance in September:

- 04 Krishna Janmashtami, Hinduism
- 08 Feast of the Nativity of the Blessed Virgin Mary, Christianity
- 12 Rosh Hashanah (New Year), Judaism
- 14 Ganesh Chaturthi, Hinduism
- 18 Radha Ashtami, Hinduism
- 20 Yom Kippur, Judaism
- 22 Mabon (Autumn Equinox), Pagan
- 25 Sukkot, Judaism

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	01	02	03	04	05	06
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14 	15	16	17 	18	19	20
21	22	23 	24	25 	26	27
28	29	30				

Ambulance Service
24/7 crisis phonenumber
0300 373 0898

“Preventing suicide depends on all of us, on supportive systems and compassionate communities where seeking help feels safe.”

“By weaving prevention into our workplaces, services and everyday routines, we build the foundations for hope and recovery.”



Craig Hayden
Mental Health Liaison Lead/Suicide Prevention Lead
Interim High Intensity User Team Manager

All dates and details have been checked to the best of our knowledge. Please advise of any discrepancies to helen.vine@aace.org.uk



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October 2026



Days of religious significance in October:

- 03 Shmini Atzeret, Judaism
- 04 Simchat Torah, Judaism
- 11 Navratri, Hinduism
- 17 Durga Puja, Hinduism
- 20 Guru Nanak, Sikhism
Dussehra / Vijaydashami, Hinduism
- 29 Karwa Chauth, Hinduism
- 31 Samhain, Pagan

“Black History Month invites us to pause, reflect, and recognise the progress we’ve made toward a more equal and inclusive society. It honours the achievements, resilience, and brilliance of Black communities, while reminding us, that allyship is not a moment but a mindset.

“This month is also a celebration of everyone who chooses to value diversity, who listens, learns, and stands alongside others with respect and intention. It’s a reminder that equality grows through everyday actions, not grand gestures alone.

“Above all, Black History Month calls us to be better humans: kinder, more aware, and more committed to creating spaces where everyone feels seen and valued. It’s an invitation to keep moving forward together.”



Marshall Kumawu
Strategic HR Business Partner

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			01	02	03	04
05	06 	07	08	09 	10 	11
12	13	14	15	16 	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 	

All dates and details have been checked to the best of our knowledge. Please advise of any discrepancies to helen.vine@nhs.uk



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**ISLAMOPHOBIA
AWARENESS MONTH**

MOVEMBER

November 2026



NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bank Holiday (Scotland) 30 						01
02	03	04	05 	06	07	08
09	10	11 	12	13	14	15
16	17	18	19 	20 	21	22
23	24	25 	26	27	28	29

Days of religious significance in November:

- 01** All Saint's Day, Christianity
- 02** All Soul's Day, Christianity
- 06** Dhanteras, Hinduism
- 07** Choti Diwali, Hinduism
- 08** Bandi Chhorr Divas (Diwali), Sikhism
Diwali, Hinduism
- 09** Govardhan Puja, Hinduism
- 10** Bhai Dooj, Hinduism
- 21** Tulasi Vivah, Hinduism
- 24** Gur u Nanak Birthday, Sikhism
- 29** First Sunday of Advent, Christianity

"I am incredibly proud of the difference the Disability Network has made for our staff. We have created a safe and inclusive environment where people can be themselves and feel confident that their experience and skills are truly valued and recognised."

"The voices of our members, and the issues that affect them, drive everything we do. They motivate us to build disability equity within NWS and across the wider ambulance sector."



Francesca Balon
Freedom to Speak Up Guardian
Disability Network Co-Chair



December 2026



Days of religious significance in December:

- 04 Hanukkah, Judaism
- 08 Feast of the Immaculate Conception, Christianity
Bodhi Day, Buddhism
- 20 Asara B'Tevet, Judaism
Geeta Jayanti, Hinduism
- 21 Yule Winter Solstice, Pagan
- 25 Christmas Day, Christianity
- 26 Saint Stephen's Day, Christianity

“Our diversity is the catalyst for innovation and excellence. The variety of backgrounds, experiences, and perspectives within our organisation fosters a culture that is more creative, inclusive, and forward-thinking.

“This richness is something to celebrate, as it empowers us to make smarter decisions for our people and the patients we serve. Diversity isn't a hurdle to overcome, it's the foundation on which we build progress and achieve better outcomes together.”



Salman Desai KAM
Chief Executive

DECEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	01 	02	03	04	05 	06
07	08	09	10 	11	12	13
14	15	16	17	18	19	20
21 	22	23	24	25 Bank Holiday (UK) 	26 	27
28 Bank Holiday (UK)	29	30	31 			